

Resume 1039

OBJECTIVE:

Patient, responsible professional with experience documenting care, following safety procedures, and supporting people with complex needs. Seeking a medication technician position, while open to a variety of roles that would benefit from these skills.

SUMMARY OF QUALIFICATION:

- Dedicated and compassionate Personal Care Aide and Medication Technician with hands-on experience supporting residents in assisted living environments and private homes.
- Skilled in assisting with daily living activities, medication administration, and resident safety monitoring with strong attention to detail and empathy.
- Proven ability to communicate effectively with residents, families, and healthcare professionals to promote comfort, dignity, and individualized care.
- Experienced in maintaining high standards of cleanliness and sanitation in both healthcare and residential settings.
- Strong time management, multitasking, and teamwork abilities, with a calm and professional approach in fast-paced environments.
- Committed to improving residents' quality of life through compassionate care, patience, and respect for their independence and personal needs.

EDUCATION and TRAINING:

Phlebotomy Certification - Current

Bryant & Stratton, Getzville, NY

Certified Medication Tech. - Current

Tonawanda Manor, Tonawanda, NY

Home Health Aide

Health Force, Cheektowaga, NY

High School Diploma

Tonawanda High School, Tonawanda, NY

PROFESSIONAL EXPERIENCE:

03/2026 – 09/2026 ***PCA***

Bristol Village, Clarence, NY

- Provided daily care to 15-20 residents in the memory care unit, where the majority of my time was spent
- Assisted residents with activities of daily living, including bathing, grooming, dressing, toileting, and mobility
- Used patience, redirection, & calm communication to support residents with dementia, confusion, & changing behaviors
- Provided safe transfers and walking assistance using proper body mechanics and mobility aids
- Assisted with meals, feeding, and hydration, following each resident's dietary needs and care plan
- Monitored residents for safety and reported changes in physical, mental, or emotional condition to nurses and supervisors

05/2022 – 10/2025 ***Cleaner***

Tidy Shines, North Tonawanda, NY

- Cleaned and maintained private residences, including kitchens, bathrooms, floors, and living spaces, ensuring a spotless and welcoming home environment.
- Performed deep cleaning, dusting, vacuuming, laundry, & sanitation tasks with attention to detail and client preferences.
- Used proper cleaning products and safety procedures to protect surfaces and maintain indoor air quality.
- Developed trusted relationships with homeowners through reliability, confidentiality, and consistent quality of work.

02/2016 – 05/2022 ***PCA / Med Tech.***

Park Creek Assisted Living / Memory Care, Williamsville, NY

- Provided high-quality care to residents in a long-term and rehabilitation setting.
- Administered prescribed medications to residents in accordance with facility procedures and state regulations, ensuring accuracy and timely documentation.
- Assisted residents with daily living activities such as bathing, dressing, grooming, mobility, and meal assistance to maintain independence and dignity.
- Monitored residents' physical and emotional well-being, promptly reporting any changes to nursing staff or supervisors.
- Supported residents with emotional companionship and encouraged participation in social and recreational programs to enhance quality of life.
- Maintained clean, safe, and organized living areas, including sanitizing rooms, restrooms, and common spaces to meet infection control standards.

09/2012 – 12/2015 ***PCA / Med Tech.***

Tonawanda Manor (Elderwood), Tonawanda, NY

- Provided personal care and medication support for residents with varying levels of medical and cognitive needs in a compassionate and patient manner.
- Recorded medication administration, vital signs, & behavioral observations in charts for care continuity.
- Collaborated with nurses, family members, and care coordinators to ensure individualized resident care plans were followed effectively.
- Assisted with meal service, feeding when needed, and encouraged healthy nutritional habits.
- Promoted residents' independence by supporting them with mobility aids and safety practices to prevent falls or injuries.